

Antenatal wards



Information for patients
Maternity Services



Welcome to the Antenatal Ward

We do hope you are comfortable and enjoy your stay with us.

This booklet has been produced to provide you with information you may need. If you are ever unsure about anything please just ask any member of staff.

This booklet contains:

Caring for you in pregnancy page 4

Information about how we will care for you, keeping you and your baby safe throughout pregnancy.

Safety and security issues page 5

Information on the fire procedure should the alarm sound, when we do our fire tests, our no smoking policy and how to keep you safe.

Details of good handwashing practice.

Partners and visitors page 8

Advice on our visiting times and the facilities available to partners and visitors.

What to do if something isn't right page 9

Staff: Who is who page 10

To help you know who each staff member is and their role by the uniform they wear.

Caring for you in pregnancy

Mother's food

Breakfast is self-service and runs between 7.30am - 9.30am. If you are unable to get out of bed, please ask for assistance.

Lunch and evening meals are served from the food trolley; you will be asked to choose from the meal options available.

If you have any specific dietary requirements, please inform the staff as soon as possible.

Toast is available at any time - please ask the ward assistant (pink uniform).

Medication

You may be prescribed medication at regular intervals. If you feel you are in need of further medication please speak to a midwife who will advise you. If you think you are due your medication and have not received it, please tell a midwife. If you have any concerns about your medication, please talk to a midwife.

Safety and Security issues

Fire



The fire alarms are tested each Thursday morning. This will be a short lasting intermittent sound. If the fire alarm sounds at any other time it is not a test.

A continuous alarm indicates fire or smoke is within that area.

Please do not panic - staff will advise you what to do.

If you leave the ward at any time please inform a member of staff so that in the event of a fire alarm we know where you are.

Smoking



The Jessop Wing is a smoke free hospital. Smoking is not permitted in **any** part of the grounds or buildings of the Jessop Wing; **this restriction also applies to both patients and any visitors.**

Vaping or the use of e-cigarettes is permitted within the hospital grounds but outside of hospital buildings. Please use these devices away from doors and windows.

If you would like help to stop smoking please speak to a midwife; we can offer various ways to support you. We stock a range of nicotine replacement products on the ward, which can help you cope with cravings and other withdrawal symptoms. Your midwife can help you choose what is best for you and arrange this for you.

Security, valuables and storage of items



The Jessop Wing is monitored by security 24 hours a day for the benefit of everyone. Security cameras are situated around the hospital and exits.

Wards can be accessed via an intercom. Staff will answer these as soon as possible but please remember they may be providing care for women. We appreciate your patience. Please do not allow anyone else to follow you through the door.

Please send your valuables home as we cannot be held responsible for these.

You are responsible for the safe keeping of all your property. If you have accrued additional items please send any excess items home, as there is limited storage on the ward area. We do provide bedside cabinets but these cannot be locked. We would be grateful if you could keep all belongings off the floor as cleaning staff need to keep the area clean and tidy. Belongings can also be a hazard for both mothers and staff who may trip over items.

Please treat staff with the same courtesy and respect you wish to receive from them. We have a zero tolerance policy to violence and aggression at the Jessop Wing and reserve the right to request visitors leave if care or safety is compromised in any way.

If something isn't right, please talk to us about it and we will do our best to resolve things for you.

Use of mobile phones



Please keep your mobile phones on silent at all times. If you need to use your mobile phone during your stay, please try to keep noise down to a minimum so as not to disturb other mothers.

Avoid using your phone at night, particularly if you are in a 4 bedded bay if at all possible.

Please note that taking photographic video or digital images of staff, patients or visitors without gaining consent is unacceptable on Trust premises.

Wifi is available throughout the Jessop Wing for patient use. Please connect to Guest-Wifi and read the Acceptable Use Policy statement that will appear. If you agree to this please click on 'accept' and then 'continue'. If you need any assistance please ask a member of staff.

Partners and visitors

Visitors are welcome between 8.00 am and 8.00pm

Please limit your visitors to 3 at any time due to limited space. Children are welcome to visit providing they are well behaved and supervised by an adult at all times. **Please do not bring a child who is unwell or if you are unwell yourself.**

To arrange alternative visiting times please speak to a senior member of staff.

During meal times (12.00 midday to 12.30pm and 5.00pm to 5.30pm) partners and children who are visiting should remain at the bedside to allow meals to be served safely. We do not provide meals or hot drinks for partners, there is café which is located on level 1.

Handwashing

We ask visitors to use the antibacterial gel provided before, during and after visiting to help prevent infection. Please advise anyone who is unwell not to visit the ward.

Staying over

Partners/birth companions are welcome to stay overnight on the antenatal ward (Rivelin Ward) to support their partner when they are in early labour as we recognise this is of great benefit to encourage the normal process of labour. Should partners want to stay for any other reason, this should be discussed with the midwife in charge.

Visitors' toilets

These can be found on Level 1 on the main corridor. There is a toilet on Level 3 on the main corridor. Visitors should not use the patient toilets on the wards due to infection control.

Visitors' food

The cafe is located at the rear of the building on Level 1. It is staffed between 8.00am and 6.00pm daily and provides a variety of hot and cold snacks. The cafe has a vending machine containing food and drinks outside of these hours. We also have a number of vending machines located throughout the Jessop Wing; please ask a member of staff if you are unable to locate one.

Car parking

The site has limited parking spaces. Additional parking can be found in the Royal Hallamshire multi-storey car park.

What to do if something isn't right

If you feel something isn't right, for instance something hasn't happened which you expected it to, or you are unhappy with any aspect of your care whilst you are with us, please bring this to the attention of the staff on the ward. We have a ward manager, a matron and a site manager available, all whom will be happy to try to resolve your concerns as soon as they are able. Making your concerns known to us as they arise helps both you and us. Please do not worry about raising issues with us.

Whether you are happy or unhappy with the care and treatment that you have received we'd like to know about it. 'Tell us what you think' leaflets are available on the ward.

Staff: who is who

Staff should always introduce themselves; but if you are ever unsure who someone is, please do not be afraid to ask.

Look on the white boards on the wards for the details of staff changes and who your lead carer is.

Not all staff wear a uniform, but all staff wear an identity badge at all times.

- Matron - dark blue, with white spots and white piping
- Ward Manager/Senior Midwife - dark blue, white piping
- Midwife - royal blue
- Midwifery Student - grey
- Infant Feeding Team - amethyst
- Clinical Support Worker - grey stripe, white piping
- Nursery Nurse - blue stripe, white piping
- Registered Nurse - mauve
- Housekeepers - maroon
- Ward Assistant - pink stripe
- Ward Orderly - green stripe
- Ward Clerk - blue shirt
- Volunteers - maroon or blue polo shirt
- Hearing Screener - pale blue tunic



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