

Sheffield Breast Screening Service

i **Information for patients**
Breast Screening Programme



PROUD TO MAKE A DIFFERENCE

SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST



Second stage screening - your questions answered

You recently came for a routine breast screening and have now been asked to come for a second visit. Being asked to come for a second visit can be very worrying so we have written this leaflet to relieve some of your anxiety and to explain why sometimes we ask people to come back again for further screening.

Why have I been asked to come for a second visit?

There are a number of reasons why we may have asked you to attend the clinic for a second time. This might be because your mammogram or MRI scan:

- Has not provided us with enough information
- Shows a change that was not seen on your earlier X-rays

As a result, we need to do further tests to get more information. In most women the tests will be normal.

What kind of tests or examinations might I have?

There are a number of tests you might have and these may include:

- Mammography - with additional and/or magnification views
- An ultrasound scan where sound waves instead of X-rays are used to produce a picture
- A routine breast examination
- The taking of cytology or histology sample (needle sampling) to examine the cells of the breast

The Consultant in clinic will decide which tests are appropriate for you and a full explanation will be given on the day.

How long will I have to be at the clinic?

As there are a number of tests that can be done, you may be at the unit for up to 3 hours. How long you are at the clinic will depend on the number of tests you need to have done.

You are welcome to bring someone with you to the clinic if you wish. Partners can be with you for any results but it is not usually possible for them to be with you whilst you are having the tests. This is because space is very limited.

Who will be there?

On this occasion, both female and male members of staff may be present who will be able to answer any questions you may have. A clinical nurse specialist will be available for support.

When will I get my results?

This depends on which tests you have had. For some you may be able to get your results that day. We will arrange a clinic appointment for you to get the results for any other tests.

We make every effort to give you your results as quickly as is technically possible.

Please remember that this second visit is a part of the routine screening process. The great majority of women called for a second appointment are found to have normal breasts.

The unit can be contacted on:

- **0114 271 1920**
Monday - Friday, 8.00am - 6.00pm

Breast Awareness between screening visits

There are a variety of common breast problems so it is important that you are aware of what is normal for your breasts.

This can be done through regular self-examination. Knowing what is normal for you will allow you to recognise early on if anything unusual is developing.

If you do notice any changes do not worry too much as most changes have simple causes, **but do get any changes investigated** as soon as possible.

Please contact your family doctor if you have any concerns.

Remember, mammography is able to detect 90% of breast cancers and early detection and treatment will improve the chances of a cure.

Sheffield Breast Screening Service

Assessment Unit

Outpatient Department

Floor C

Royal Hallamshire Hospital



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