

Prednisolone soluble

5mg tablets as mouth wash



Information for patients Charles Clifford Dental Hospital

The use of Prednisolone in the form of an oral preparation for oral mucosal lesions is widespread throughout the United Kingdom. However, information about its oral use is not generally included in the information leaflets given to patients when the pharmacist dispenses the medication. This information sheet tells you about the oral use of Prednisolone as mouthwash.

1. Use one tablet and dissolve it in 10-20ml of water - which is equivalent to roughly an eggcup full. (Always make up a fresh mixture and use it straight away.)
2. Hold the mixture in your mouth, especially around the areas that need treating, for a timed 3 - 4 minutes.
3. Please **spit out after using** it in the mouth as a rinse.
4. Use the mixture after you have brushed your teeth last thing at night and during the day (up to a maximum of 3 times per day) if instructed to do so.
5. Always use after mealtimes so that it remains coating your mouth as long as possible. Allow at least 30 minutes after using the medication before eating and drinking.
6. You need to get a repeat prescription from your doctor as your usual dentist cannot prescribe this drug

For further information about this medication, including potential risks and side effects, please refer to the patient information leaflet (PIL) supplied by the manufacturer.



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