

Discharge advice following gastroscopy with sedation

Royal Hallamshire Hospital



Information for patients Endoscopy

Endoscopy Suite, Royal Hallamshire Hospital. Telephone **0114 271 2990**

Patient's name

Hospital number **Date**

You have had a Gastroscopy and should not experience any serious after effects. You may have a sore throat for about 24 - 48 hours; this should only be mild and should settle quickly. You may experience some bloating and mild abdominal pains due to wind. This is not unusual and is nothing to worry about. If you experience any severe pain in the chest, neck or abdomen please contact us using one of the numbers below.

As part of your procedure you have had a sedative injection. This will take 24 hours to wear off.

- You should not drive a car or operate machinery for 24 hours.
- You should not sign legally binding agreements for 24 hours.
- You are advised not to drink alcohol for 24 hours.
- You must not take sleeping medication.

If you have any worries or queries during the 3 days following your procedure, please contact us on **0114 271 2990** or **0114 271 3880** between the hours of 8.30am - 5.30pm. Outside of these hours, please contact the Gastroenterology ward on **0114 271 4944 / 0114 271 5280** and inform them you have had a recent gastroscopy.

(Nursing staff please indicate/delete as appropriate findings from endoscopy report)

- If you were asked to stop any blood thinning medication before your procedure, this may be re-started on
- A copy of the procedure report will be sent to your GP.
- No follow up appointment is necessary.
- It is necessary for you to have this procedure again (re-scope). An appointment has been / will be made for you in weeks / months / years.
- A clo-test has been taken. You should contact your GP in 4-5 days for the results.
- Biopsies have been taken / polyps have been removed. Results will be sent to your GP / consultant.
- You have been given an information leaflet regarding your diagnosis.
- A clinic appointment with your consultant has been / will be made or they will write to you to confirm any results.



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