

Carboxymethylcellulose (Mucilage) liquid



Information for patients Pharmacy

This leaflet is a summary of important information about your medicine, please read it carefully. If you have any questions or are not sure about the medication or your treatment, please contact your doctor or hospital pharmacist.

What ingredients are in Mucilage liquid?

- Carboxymethylcellulose (thickener)
- Propyl Hydroxybenzoate (preservative)
- Methyl Hydroxybenzoate (preservative)
- Glycerol (solvent and sweetener)
- Vanillin (flavouring)
- Distilled water

Before you start using Mucilage, tell your doctor if you have an allergy to any of the ingredients. This product is sugar-free. Do not take the liquid if the packaging shows any signs of tampering before opening. If the packaging has been tampered with, return it to the pharmacy you obtained it from.

Why have I been prescribed Mucilage?

Mucilage is a coating agent. When swallowed it will coat your food pipe to make it easier and less painful to swallow food and drinks.

How do I take this liquid?

You should take the liquid as prescribed. The usual dose is 10ml immediately before food up to four times a day. Shake the bottle before use. Use a measuring spoon or container to measure out the dose.

What side-effects does Mucilage have?

Mucilage is a very safe medication. If you develop any unusual symptoms after starting Mucilage, please contact your doctor.

What do I do if I take too much Mucilage or if someone else, including a child, takes my medicine?

It is unlikely to cause any harm but if you or the person that has taken the liquid feel unwell, contact a doctor. When seeking medical attention make sure that you take this leaflet and any remaining medicine with you to show to the doctor.

Where should I store my medicine?

Store the bottle in a cool (below 25 degrees), dry place, out of direct sunlight. Keep out of the sight and reach of children.

If a doctor tells you to stop taking the medicine or you no longer require the treatment, please return it to any pharmacy for disposal.

When does the medicine expire?

On the right hand side of the manufacturer's label there is an expiry date. Do not use the medicine after this date. Once the bottle has been opened it should be used within 4 weeks or by the expiry date, whichever is earliest. Write the date of opening on the label.

How do I get more Mucilage?

You can ask for more Mucilage at your follow-up appointments at the hospital. Mucilage is not usually prescribed by family doctors (GPs) or supplied by community pharmacies (chemists). However, if you find it difficult to return to the hospital, your GP can write a prescription for the medicine and your chemist can order supplies in from Huddersfield Royal Infirmary Pharmacy Manufacturing Unit (Telephone 01484 355 388). Supplies may take a number of days to obtain so please allow plenty of time.

Who can I contact if I have any questions?

For more information on the use of this medicine please contact your consultant via switchboard (0114 243 4343) or Medicines Information (0114 271 3296).

For any other enquiries contact the hospital switchboard on **0114 243 4343**



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