

# What is a Darco toe alignment splint?



## Information for patients

Department of Podiatric Surgery



## Why have I been given this leaflet?

The aim of this leaflet is to provide an overview of when and how you should use the Darco toe splint following surgery and what it is for.

## What is a Darco toe alignment splint?

A Darco toe alignment splint is a splint designed to support one or many toes to prevent them deviating and becoming deformed again.

## How do I apply the splint?

Simply fasten the metatarsal band securely around the foot in the arch and fasten the toe straps and heel straps to this as shown by your clinician (see also diagram below).



## **When should I wear the splint?**

Put the splint on when you first get up in the morning and remove it for bathing and at night.

## **How long should I use the splint for?**

You should follow the advice of your clinician, but usually it is for 6-8 weeks.

## **Who should I contact if would like any further information?**

If you would like any further information regarding the use of the splint please don't hesitate to contact us on:

- **0114 271 4668**



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