

# Universal straps



## Information for patients

Therapy Services - Neurosciences



Universal straps are used to hold items such as cutlery, pens, and a stylus in when you don't have sufficient hand movement to grip.

Whilst in hospital, your Occupational Therapist will assess you to see if a universal strap would be beneficial for your functional ability. Straps can be made to assist you with a range of daily activities e.g. feeding yourself.

If you are in your home, you can purchase these straps from a range of suppliers. Alternatively, you might want to consider finding a local seamstress or sewing shop to see if they can make you one, particularly if you require different sizes.

## **NRS Healthcare**

Supply a strap for use with adapted cutlery called a Goodie™ Strap.

Sherwood House  
Cartwright Way  
Bardon Hill  
Leicestershire LE67 1UB

0345 121 8111 / [www.nrshealthcare.co.uk](http://www.nrshealthcare.co.uk)

## **Performance Health UK**

Supply a universal strap called a Homecraft Multiholder.

They also supply a Plastic Base Utensil Holder.

Nunn Brook Road  
Sutton in Ashfield  
Nottinghamshire NG17 2HU

03448 730 035 / [www.performancehealth.co.uk](http://www.performancehealth.co.uk)

## **Welcome Mobility**

Supply a universal strap called a Multi Holder.

They also supply a Goodie™ Strap for use with adapted cutlery.

Welcome Mobility  
PO Box 5250  
Essex  
SS0 9GD

0203 195 1278 / [www.welcomemobility.co.uk](http://www.welcomemobility.co.uk)

## **Essential Aids**

Supply a universal strap called a Norco Universal Cuff.

They also supply a Goodie™ Strap for use with adapted cutlery.

Essential Aids  
32 Guildford Road  
Brighton  
East Sussex  
BN1 3LW

01273 719 889 / [www.essentialaids.com](http://www.essentialaids.com)

Please be aware that these are suggested websites and other sites are available. The products on offer may not be identical to the products provided for you by your Occupational Therapist. The size and quality of

privately purchased products cannot be guaranteed by your Occupational Therapist.

## Princess Royal Spinal Injuries Centre

Northern General Hospital  
Herries Road  
Sheffield  
S5 7AU

- **0114 271 5666**



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