Your doctor has placed you on a waiting list for an operation. This leaflet aims to answer some common questions you may have. If you have any other questions or concerns please don’t hesitate to ask.

What happens next?

You will receive a letter in the post asking you to attend for a pre-operative assessment to check you are physically fit for surgery. Please bring with you a list of your medication that you are taking to this appointment. Pre-Operative Assessment takes place on Ward J2.

You will then receive a letter in the post confirming your time and date of admission. Most patients are admitted on the day of their surgery into the Theatre Admissions Unit (TAU) which is situated on ‘A’ Road at the Royal Hallamshire Hospital.

What do I need to bring into hospital?

Medication:

- Any routine medicines, insulin, inhalers or GTN sprays that you take at home.

Toiletries:

- Liquid soap (bars of soap increase infection risk)
- Towel and flannel
- Toothbrush, toothpaste, denture pot and denture tablets/paste
- Shampoo and conditioner
- Brush/comb
- Razor (electric or blade) and shaving foam
- Deodorant
Clothes:

- Nightwear – pyjamas, nightdress or dressing gown
- Slippers or non-slip footwear ensuring that they are of a good fit
- Day wear – you can get dressed during the day if you wish, depending on the type of surgery you have had
- Underwear

Other items:

- Reading material
- Small amount of cash should you wish to purchase a TV card, newspaper, magazines or confectionary
- We advise you not to bring electrical equipment that needs charging as our fire regulations state that such items should be tested before being used.
- Mobile phones are allowed, however, we ask that you keep these on silent and/or vibrate so as not to disturb other patients. We also advise that you do not bring in expensive equipment such as laptops and tablets as there is nowhere that these can be stored securely should you need to leave the ward. Bringing in such items is at your own risk.

What happens after the operation?

After your operation you will be taken into the recovery area for a period of time. Once you are stable you will then either be returned to TAU or you will be transferred to the Urology ward (H2) where you will spend the rest of your hospital stay until you are fit for discharge.

If you have any problems or concerns after discharge, please contact the Urology Assessment Unit on

- **0114 226 5149**
**What are the visiting times?**

- 2.00pm – 3:30pm
- 6.00pm – 8.00pm

These times are applicable weekdays and at the weekend.

Visiting out of hours is at the discretion of the nurse in charge.

No visiting is allowed between 12.00noon and 2.00pm due to protected meal times and patients rest hour.

There is a maximum of 2 visitors per bed.

Children under 12 are not allowed on the ward area unless under special circumstances. Prior arrangement to bring in younger children should be made with the Sister/Nurse in charge on the ward; this is at their discretion and may be refused.
What will happen when I am told I can be discharged?

The doctors on the ward round will tell you when you are fit for discharge. The nurses and doctors will have several things they need to do before you are actually ready to leave the ward.

- Any extra medication you may need has to be ordered from pharmacy. On receiving your medication from pharmacy, it needs to be checked and confirmed as correct.
- You may need to be referred to the District Nursing service.
- You may need some supplies and/or dressings to take home.
- You may need some social input at home.

All the above need to be in place before you are discharged. This process can take several hours so please do not arrange to be collected until a nurse tells you to do so.

On discharge you will be given an emergency contact telephone number for the Urology Assessment Unit should there be any problems immediately after your surgery.

Any follow-up appointment that you need will be sent out to you in the post.
What are the direct telephone numbers?

Urology Assessment Unit

- 0114 226 5149

Ward H2

- 0114 271 2299 or
- 0114 271 2744

Theatre Admissions Unit (Royal Hallamshire Hospital)

- 0114 226 5613