Sheffield Hepatobiliary and Pancreatic MDT
Your multidisciplinary team

Information for patients
Hepatobiliary
This leaflet has been developed to provide you with further information about the Hepatobiliary and Pancreatic Multi-Disciplinary Team. If you have any questions about your care or the team looking after you, please don’t hesitate to ask.

**What is the Multi-Disciplinary Team (MDT)?**

The Multi-Disciplinary Team (MDT) is a group of doctors and other health professionals with expertise in cancer, who meet together weekly (either physically in one place, or by video tele-conferencing) to discuss and manage your care. They review your medical history and discuss the results of your diagnostic tests to ensure that an accurate diagnosis is agreed. They plan the treatment that’s best for you.

The team is responsible for:

- Deciding if any further tests are necessary
- Discussing your treatment options
- Making appropriate referrals to specialist services
- Ensuring your holistic needs are considered
The team includes:

**Consultant Surgeon**

A doctor who specialises in the treatment of a specific cancer. This consultant may organise your tests, prescribe treatment and/or carry out surgery.

**Consultant Radiologist**

A doctor who views pictures/images from machines such as x-ray, computerised tomography (CT) to determine the precise location and extent of cancer in the body.

**Consultant Histopathologist**

A doctor who looks in detail at tissue samples to determine a diagnosis.

**Consultant Oncologist**

A doctor skilled in non-surgical forms of cancer treatment, including radiotherapy and chemotherapy.

**Palliative Care Specialist**

A doctor or nurse who specialises in alleviating symptoms (not curing) and provides support and information to patients and their families.

**Endoscopy Practitioner**

A doctor who performs gastrointestinal endoscopy; a procedure that uses a small flexible tube with a light to see the lining of your digestive tract.

**Gastroenterologist**

A doctor who specialises in the treatment of patient conditions affecting the liver, intestine and pancreas.
MDT Co-ordinator

Ensures that your test results are available and, where appropriate, sends details to other treatment centres to help co-ordinate your care.

Clinical Nurse Specialist (CNS) / Key Worker

A nurse who specialises in the care of patients with cancer. Someone to talk to about worries or problems.

Your CNS / Key Worker provides:

- Advice and support to patients with cancer, their relatives, carers and friends
- Help with physical symptoms such as pain, fatigue or nausea
- Advice about treatments such as radiotherapy, chemotherapy and surgery
- Information about your illness
- Advice on your continued care at home
- Advice on relationships, fertility or sexual problems
- Advice and help on how to manage financial problems

The CNS works closely with hospital nurses, doctors and other health care professionals to maximise the independence, dignity and quality of life of people suffering from cancer.

You may see them when a diagnosis of cancer is given, when you are on the ward, whilst having surgery, chemotherapy treatment or at your outpatient appointments.

Your CNS/Key worker is:

Contact details:

If a member of the team is unable to answer your call, please leave a message and they will call you back as soon as possible.
How do I find out the outcome of the MDT meeting?

Recommendations from the MDT will be discussed with you at an appointment with your doctor. At this appointment you will be able to discuss your treatment plan and the management of your condition. You may receive a telephone call from the Clinical Nurse Specialist if further tests are recommended.

**Permanent Record of Consultation**

You will be offered a record or summary of your consultation with the doctor where your diagnosis, treatment options and follow up (discharge) arrangements are discussed.

You may find it helpful to write down the name and telephone number of people you have come into contact with, in the table below.

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Research / Clinical Trials

Research is a core function of the NHS. We need research and innovation to improve health and wellbeing now and in the future.

We are committed to looking into new ways to prevent, manage and treat diseases. Research is a way of gaining new knowledge; it is important as it helps us to make better decisions and improves treatments and services.

Clinical trials are medical research studies involving people. Doctors use them to assess any new treatment before it can be made available to patients more widely. Clinical trials show whether new treatments are safe, what their side effects are and whether they’re better than what’s currently used.

By participating in research you may feel as though you are taking a more active role in your healthcare. You will also be helping others, and possibly yourself, by helping to identify more effective treatments.

The team may contact you and offer you the choice to participate in a research trial if appropriate. However, you do have the right to refuse, and this will not affect the care that you receive.

Further Support

Weston Park Cancer Information and Support Centre
23 Northumberland Road
Sheffield
S10 2TX

Open Monday to Friday (except Bank Holidays) 9.00am to 5.00pm

Telephone: 0114 226 5666

Email: info@cancersupportcentre.co.uk
If you require an interpreter or need a document in another language, or format e.g. large print or braille please ask your Key Worker for assistance.