

Pulmonary rehabilitation

BORG breathlessness scale (0-10)



Information for patients
Active Programmes

0	Nothing
0.5	Very, very slight
1	Very slight
2	Slight
3	Moderate
4	Somewhat severe
5	Severe
6	
7	Very severe
8	
9	Very, very severe
10	Maximal

Alternative formats can be available on request. Email: alternativeformats@sth.nhs.uk

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