

Discharge advice following bladder tumour resection

 **Information for patients**
Day Surgery Unit



PROUD TO MAKE A DIFFERENCE

SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST



What is a bladder tumour resection?

A bladder tumour resection is a procedure used to remove tumours from the wall of the bladder. The procedure involves inserting a small telescope into the bladder and shaving small fragments off the tumour using heat diathermy (electrical current) or a laser.

The tumour fragments are then sucked out of the bladder and sent to the laboratory for analysis.

What are the risks associated with this operation?

Most procedures have the potential for side effects. With this operation, as with any surgical procedure, there are risks you should consider. For this procedure these include;

- mild burning or bleeding on passing urine for a short period after the operation
- temporary insertion of a catheter for bladder irrigation
- infection of the bladder requiring antibiotics
- need for additional treatment to the bladder

Are there any alternative options?

Alternative options may include:

- open surgical removal of the tumour
- chemotherapy
- radiation therapy

What will happen if I decide not to have the operation?

You always have the option of not having treatment though you need to be aware that the tumour may grow and your symptoms will not improve.

Giving your consent

Before we are able to undertake any medical treatment, test or examination we must seek your consent first. For some procedures we do this by asking you to sign a written consent form. It is important that you fully understand what the procedure involves before you give your consent. The information in this leaflet aims to provide as much information about the procedure to help you make this decision. If you need more information or are unsure about any aspect of the procedure or treatment proposed please do not hesitate to ask for more information. Please do remember that you are entitled to change your mind at any point, even after the consent form has been signed.

How long will I be in hospital for?

The operation will be performed as a day case, which means you will not need to stay in hospital overnight.

What can I expect after my operation?

Chemotherapy

A catheter is normally inserted into the bladder after this procedure. Before the catheter is removed, it is normal practice (for most patients) to have a chemotherapy drug (Mitomycin C) administered. This reduces the risk of subsequent tumour recurrence in the bladder.

The drug is left in the bladder for one hour, and then the catheter is opened to release the drug into a catheter bag. When the drug has passed into the catheter bag, the catheter will then be removed.

You will normally be allowed home once you have passed urine satisfactorily.

If you need to visit your GP or any other hospital in the first few weeks after discharge, please inform the doctors that you have recently been given a drug called Mitomycin C.

Pain relief

You may feel some mild pain after this operation. You should take either the painkillers you were given from the hospital or a mild painkiller such as paracetamol. Follow the instructions carefully and do not exceed the stated dose.

What should I look out for when I get home?

When you get home, you should drink twice as much fluid as you would normally for the next 24 to 48 hours to flush your system through.

You may notice some burning, frequency in urination and pain in your lower abdomen initially but this usually settles over a few days.

If you develop a fever, severe pain on passing urine, inability to pass urine or worsening bleeding, you should contact your GP immediately.

When will I be able to resume normal activities?

Work

You may return to work and your normal activities as soon as you feel able. If you need a sick note please speak to the nursing staff or your GP.

Driving

It is your responsibility to make sure you are fit to drive after surgery (normally after 24 to 48 hours). You should check with your insurance company that your cover is valid before you start driving again.

Will I need a follow-up appointment?

You will receive details of your follow-up appointment through the post.

Who should I contact if I have any concerns?

Within the first 24 hours of discharge contact:

Day Surgery Unit:

- **0114 226 6020**
7.00am to 8.00pm

If the Day Surgery is closed overnight you should contact either:

Urology Assessment Unit, Royal Hallamshire Hospital:

- **0114 226 5149**
24 hours

Ward H1 Royal Hallamshire Hospital:

- **0114 271 2402**
- **0114 271 2492**

Ward H2 Royal Hallamshire Hospital:

- **0114 271 2299**
- **0114 271 2744**

After the first 24 hours you should arrange to see your GP if you have any concerns.

If you need advice out of hours you could also visit the Walk-in Centre on Broad Lane, Sheffield or call the NHS helpline on 111.



To help support your local hospitals visit
sheffieldhospitalscharity.org.uk

Registered Charity No. 1165762



**Alternative formats can be available on request.
Please email: alternativeformats@sth.nhs.uk**

© Sheffield Teaching Hospitals NHS Foundation Trust 2019

Re-use of all or any part of this document is governed by copyright and the "Re-use of Public Sector Information Regulations 2005"
SI 2005 No. 1515. Information on re-use can be obtained from the Information Governance Department, Sheffield Teaching Hospitals.
Email infogov@sth.nhs.uk