

# Low dose aspirin and/or low molecular weight heparin (LMWH) injections for recurrent miscarriage



**Information for patients**

Gynaecology



**PROUD TO MAKE A DIFFERENCE**

SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST



During your appointment in the Recurrent Miscarriage Clinic your doctor will have discussed a specific treatment plan for your next pregnancy.

This leaflet explains what you need to do if your doctor has recommended that you start low dose aspirin and/or low molecular weight heparin.

## **What do I need to do when I have a positive pregnancy test?**

You should start taking low dose aspirin (75 mg) once a day. This can be obtained from your GP or can be bought from your local pharmacy.

You should call Gynaecology Ward G1 in order to obtain a prescription for your heparin injections. You will need to inform them that you are a recurrent miscarriage patient and your consultant has advised you to start heparin injections. They will need your name, date of birth, and hospital number or NHS number. You will then be given a date and time to attend G1 for your prescription.

Please take copies of your Recurrent Miscarriage Clinic letters when you attend the ward.

## **What will happen when I attend the ward?**

You will be weighed and have a blood test.

You will be given a prescription for your heparin injections and asked to collect your prescription from the Out-Patient Pharmacy on C Floor at the Royal Hallamshire Hospital.

Once collected, you will then need to return to G1 where you will be taught how to inject the heparin and given instructions on how to dispose of the heparin injections. If you are familiar with giving an injection then you do not need to return to G1.

Your GP will be informed when you have started the heparin injections and they will provide future repeat prescriptions.

## **Will I need to have an ultrasound scan?**

Yes, an ultrasound scan will be arranged for when your pregnancy is approximately 6 weeks gestation. You may also need a blood test or further ultrasound scans. The nursing staff will discuss this with you.

## **Do I require a follow up appointment?**

You may have an appointment to see your doctor in the Recurrent Miscarriage Clinic after you have started your low dose aspirin and/or heparin injections. The nursing staff will arrange this appointment if requested by your doctor.

## **Who can I contact if I have any questions?**

If you need any further information then please do not hesitate to contact:

- Gynaecology Ward G1: **0114 226 8225**



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