

How to find us

Stroke Pathway Assessment and Rehabilitation Centre

Norfolk Park Road
Sheffield **S2 3QE**



Public transport

The nearest **tram stop** is Park Grange Croft on the blue or purple route. It is approximately **5 minutes walk**.

Parking

There is some **parking** at SPARC for visitors but this is limited and becomes full at busy times (no charges).

Disabled parking is available.

How to contact us

SPARC

Beech Hill
Norfolk Park Road
Sheffield
S2 3QE



Phone: 0114 **226 1760**

Operational Manager: **Mike Dalton**

"Our purpose at SPARC is to work as a highly specialised team to empower patients and families with the knowledge and skills to work towards their potential.

We will provide a positive environment with supportive, motivating and caring staff."

Alternative formats may be available on request. Email: **alternativeformats@sth.nhs.uk**

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SPARC

Stroke Pathway
Assessment and
Rehabilitation Centre
at Beech Hill

i Information for patients
Sheffield Teaching Hospitals



What is SPARC?

SPARC is a **specialist unit** for Stroke patients. It is here to provide **assessment** for stroke patients, **rehabilitation** for those who need it and onward planning for the **next steps**.

There are two wards at SPARC. **Norfolk ward** is downstairs and **Shrewsbury ward** is upstairs.

Most patients have their **own room** with an **en-suite bathroom**. Some rooms have two beds sharing a bathroom.

Therapists and **nursing staff** work together with **you and your family** with a rehabilitation focus so that **everyday activities are part of therapy**. There is also **gym** and **therapy kitchen** on site for scheduled sessions.

Information for visitors

Visiting times are **8am – 8pm**.

There is a reception which is usually open from 8am – 4pm at the main entrance.

If you are arriving in the evening there is a **side door** in the courtyard with a buzzer for entry.

Many patients at SPARC are on **special diets and drinks**. Check with staff if you have any questions about what to bring in.

Please could you ensure that your friend or relative has adequate toiletries, daytime clothes and shoes / slippers.

Family are asked to take responsibility for the laundry of clothes.

Thank you

What to expect at SPARC

On arrival you will be met by the **nursing team**. Once you are settled the rest of the team will introduce themselves.

The **Stroke Consultant and GP** work together to review your medical progress regularly.

The team will assess **your progress** and will talk to you about **your goals**. They will help you to begin a **therapy programme** if is appropriate for you.

The team will discuss **discharge plans** with you from an early stage to support a smooth and timely next step.