

Preparation for CT planning and radiotherapy treatment to the heart



Information for patients

Weston Park Cancer Centre



This leaflet is for patients who are going to have radiotherapy to the heart.

It explains how to prepare for your planning CT scan and subsequent radiotherapy treatment.

It is important that some organs in your abdomen stay in the same position for the planning scan and all radiotherapy treatments.

Following the instructions in this leaflet will help to make sure that the treatment is given accurately.

Following these instructions will also help to minimise any treatment side effects.

How should I prepare?

Have nothing to eat or drink for 2 hours before the planning scan and all your radiotherapy treatment times.

What happens when I arrive for my CT planning appointment?

A CT planning radiographer will explain the procedure to you fully on the day.

At your CT planning appointment, you will be asked to drink a liquid (oral contrast) which highlights some organs on the scans. This allows treatment planning to be more accurate.

You may also be asked to drink this liquid contrast at each treatment appointment.

Further help and advice

Contact the Radiotherapy Information and Support Radiographers on:

- **0114 226 5282**



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