

Information and support for upper gastrointestinal and hepatopancreaticobiliary (HPB) cancer patients

i **Information for patients**
Weston Park Cancer Centre



PROUD TO MAKE A DIFFERENCE

SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST



This leaflet has been written to give you information about the extra support we can give you on your arrival at Weston Park Hospital for your treatment and/or follow up.

At Weston Park Hospital we have a team of people who are trained and experienced in supporting people who have cancer. This includes Hazel Harrop and Megan Perry, our Clinical Nurse Specialists.

What are Clinical Nurse Specialists?

Clinical Nurse Specialists are nurses who are specially trained to give care and support, in this case, to patients with upper gastrointestinal or hepatopancreaticobiliary cancer.

What do Clinical Nurse Specialists do?

These nurses can offer you and the people close to you a range of help and support.

This includes:

- Providing emotional support and time to talk over your concerns and worries.
- Giving support to your family and carers.
- Providing information and advice about the treatment you will be receiving.
- Giving help and advice about coping with side effects of your treatment.
- Identifying other specialised professionals or organisations that may be able to give you further support and information at Weston Park Hospital.
- Acting as a link between hospital and home.
- Being your hospital contact even after you have gone home.

What do I do if I want this kind of support?

You can get in touch with Hazel Harrop and/or Megan Perry, Monday to Friday between 9.00am and 5.00pm on **0114 226 8224**

If Hazel or Megan are not in the office then please leave a message and they will contact you as soon as possible.

Other organisations you may find helpful:

Cavendish Cancer Care

- www.cavcare.org.uk
- 0114 278 4600

Macmillan Cancer Support

- www.macmillan.org.uk
- Freephone: 0808 808 00 00

Weston Park Cancer Support Centre

- www.cancersupportcentre.co.uk
- 0114 553 3000

The Oesophageal Patients Association

- www.opa.org.uk
- 0121 704 9860

Pancreatic Cancer UK

- www.pancreaticcancer.org.uk
- 0808 801 0707

Pancreatic Cancer Action

- www.pancreaticcanceraction.org
- 0303 0401 770



**Sheffield
Hospitals
Charity**

To help support your local hospitals visit
sheffieldhospitalscharity.org.uk

Registered Charity No. 1165762

**Alternative formats can be available on request.
Please email: sth.alternativeformats@nhs.net**

© Sheffield Teaching Hospitals NHS Foundation Trust 2020

Re-use of all or any part of this document is governed by copyright and the "Re-use of Public Sector Information Regulations 2005" SI 2005 No. 1515. Information on re-use can be obtained from the Information Governance Department, Sheffield Teaching Hospitals. Email sth.infogov@nhs.net