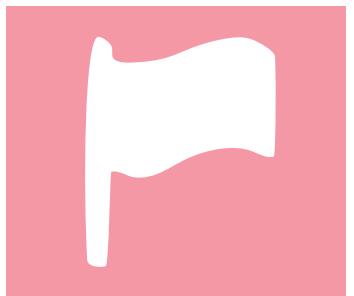


What does a renal dietitian think about when they talk to you about your diet?

Symptoms & Conditions



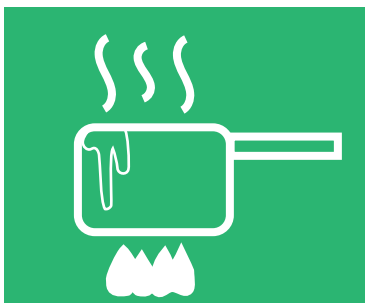
Culture



Your Body Size



Cooking Skills



Work Pattern



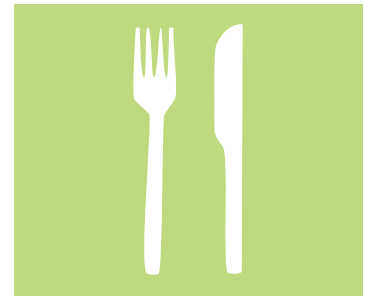
Family & Lifestyle



Mental Wellbeing



Food & Nutrients



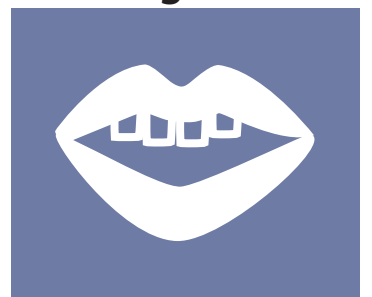
Religion & Beliefs



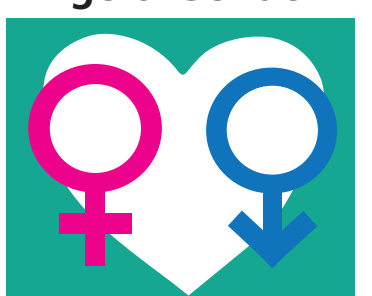
Existing Medication



Taste & Eating Habits



Age & Gender



Dietitians are experts in nutrition.

A renal dietitian will educate and support you to manage your health by providing you with dietary advice specific to:

- Your renal condition and other medical problems you may have
- Current treatment
- Blood results
- Weight
- Personal circumstances
- Existing dietary plans you may be following

They take into account many factors about you to create a bespoke nutritional plan.